



Support for survivors of rape and sexual abuse

Job Description

Job Title:	Counsellor
Responsible to:	Counselling Service Manager
Salary:	£14.80 per hour
Hours:	Between 10 and 30 hours per week. We welcome applications from candidates seeking flexible working patterns.
Contract:	Permanent
Location:	Any Survive site across North Yorkshire: York, Harrogate, Richmond, Northallerton, Selby, Pocklington and Catterick with some home working available.
Vetting:	In addition to DBS checks, successful candidates will undergo enhanced vetting, which requires UK residency for the past three years.

Background Information

Survive was founded in 1990 by women supporting each other through their shared experiences of child sexual abuse. Today, Survive provides 1-1 support work, counselling and trauma therapy to adult survivors of any form of sexual violence or abuse across North Yorkshire. Our values of being Inclusive, Enabling, offering Hope and showing Integrity and Courageous Advocacy underpin everything we do.

Each year, our team supports over 900 survivors to rebuild their lives, relationships and sense of self.



2nd Floor, 25 Micklegate, York, YO1 6JH



01904 638813



survive@survive-northyorks.org.uk



www.survive-northyorks.org.uk

Registered Charity No. 1069129
BACP membership number: 00104488
A company limited by guarantee No. 03455000

Main purpose of post

As a Counsellor, you will work with adult survivors of sexual violence who self-refer or are referred by the Supporting Victims Unit under our PFCC-funded contract.





You will conduct initial assessments and deliver up to eight counselling sessions per client, face-to-face, online or by telephone.

You will support survivors to reduce the day-to-day impact of trauma and work within Survives established therapeutic framework. You will report to the Counselling Service Manager.

Outline of main duties

- Conduct initial risk and needs assessments by telephone.
- Deliver 1-1 counselling to a caseload of adult survivors of sexual and/or domestic violence.
- Maintain BACP-compliant clinical supervision and CPD.
- Adhere to Survives ethos, policies and procedures, including safeguarding, confidentiality, data protection and information sharing.
- Maintain accurate client records in line with GDPR and update the Charity Log database.
- Liaise with external professionals and organisations where appropriate.
- Contribute to report writing and information requests as required.
- Attend regular line management meetings to review workload, development needs and wellbeing.
- Participate actively in team meetings and contribute to a supportive, collaborative counselling team.



 2nd Floor, 25 Micklegate, York, YO1 6JH
 01904 638813
 survive@survive-northyorks.org.uk
 www.survive-northyorks.org.uk

Registered Charity No. 1069129
BACP membership number: 00104488
A company limited by guarantee No. 3455000



Support for survivors of rape and sexual abuse

Person Specification –Counsellor

	Essential	Desirable
Qualifications		
A good standard of general education	☒	
Relevant Counselling Qualification	☒	
Minimum 200 hours supervised post qualification practice	☒	
Accreditation or working towards accreditation (UKCP/BACP or equivalent)	☒	
Experience		
Working with adults therapeutically	☒	
Working with survivors of sexual violence and trauma	☒	
Assessing client needs and risk	☒	
Working with complex trauma, dissociation or DID		☒
Humanistic therapeutic approach		☒
Voluntary sector experience		☒
Handling sensitive information	☒	



2nd Floor, 25 Micklegate, York, YO1 6JH



01904 638813



survive@survive-northyorks.org.uk



www.survive-northyorks.org.uk

Registered Charity No. 1069129
BACP membership number: 00104488
A company limited by guarantee No. 03455000

Skills		
Strong teamwork and relationship-building skills	<input checked="" type="checkbox"/>	
Excellent written, verbal, ICT and administrative skills	<input checked="" type="checkbox"/>	
Confident use of Microsoft Office and client databases	<input checked="" type="checkbox"/>	
Accurate record-keeping (electronic and paper)	<input checked="" type="checkbox"/>	
Ability to deliver counselling in person, online or by phone	<input checked="" type="checkbox"/>	
Ability to prioritise and meet deadlines	<input checked="" type="checkbox"/>	
Ability to respond to ethical/professional dilemmas	<input checked="" type="checkbox"/>	
Knowledge		
Knowledge of issues relating to rape, sexual assault and CSA	<input checked="" type="checkbox"/>	
Knowledge of the criminal justice system		<input checked="" type="checkbox"/>
Understanding of pre-trial therapy principles		<input checked="" type="checkbox"/>
Awareness of current research on therapeutic work with survivors		<input checked="" type="checkbox"/>
Knowledge of the voluntary/community sector		<input checked="" type="checkbox"/>





Support for survivors of rape and sexual abuse

Other Job-related characteristics		
Commitment to equality, diversity and inclusion	<input checked="" type="checkbox"/>	
Commitment to Survives values	<input checked="" type="checkbox"/>	
Commitment to ongoing professional development	<input checked="" type="checkbox"/>	
Resilience and ability to maintain a positive attitude	<input checked="" type="checkbox"/>	
Flexible approach to work and problem-solving	<input checked="" type="checkbox"/>	
Ability to offer some flexibility with work hours		<input checked="" type="checkbox"/>
Ability to work on Thursdays and Fridays		<input checked="" type="checkbox"/>
One referee being your current clinical supervisor	<input checked="" type="checkbox"/>	



2nd Floor, 25 Micklegate, York, YO1 6JH



01904 638813



survive@survive-northyorks.org.uk



www.survive-northyorks.org.uk

Registered Charity No. 1069129
BACP membership number: 00104488
A company limited by guarantee No. 03455000